

THE OUTDOOR CIRCLE EVENT & ACTIVITY SAFETY GUIDE

Let common sense prevail. THINK SAFETY FIRST--ask leaders for advice and assistance.

SIGN VOLUNTEER WAIVER FORM BEFORE PARTICIPATION **ALL volunteers MUST sign waiver to participate in event**

Review Safety Guidelines *Together* as a Group

1. Volunteers should wear sturdy working gloves, safety vests, safety glasses and safety helmets as needed. Avoid use of headphones or restrictive clothing. Do not work if you are under the influence of alcohol or drugs.
2. Wear appropriate footwear and clothing to protect you from the weather, sun, bugs, and scratches from thorny vegetation. Wear long pants and long sleeves. Wear sun-block and wide-brimmed hats to protect from the sun. Wear insect repellents that work for mosquitoes.
3. Don't touch or pick up dead animals, or attempt to move injured animals. Instead, notify the coordinator to notify authorities to make them aware of the animals and location.
4. Volunteers should exercise extreme care around syringes, glass, metal, chemicals, batteries, weapons, human waste, or any other hazardous objects or items. Mark the area and have a partner notify those in charge of the hazardous item's location for proper disposal or further consideration.
5. If you feel in danger, call 911 to alert the authorities immediately. Always work with another person and know where help can be obtained.
6. Be cautious of moving vehicles when working on streets, parking lots, gutters, curbs, storm drains and sidewalks. Always face oncoming traffic.
7. Avoid over-exertion, sunburn, heat exhaustion, and dehydration. When in doubt, return to the site's check-in station before the end of the scheduled cleanup time. Bring and drink plenty of water. If you feel weak or ill during the event, stop what you are doing and notify the event coordinator. Report any injuries immediately to the coordinator for attention and care.
8. All minor children must be supervised by an adult or guardian at all times.
9. Volunteers should not lift anything too heavy or potentially dangerous. Use proper lifting techniques. When in doubt, don't try! Always notify leaders of these types of objects further assistance.
10. Be careful with all tools, picks, shovels, trip and fall hazards (hoses, poles, rakes) and debris. Make sure all tools or equipment are in proper working order before using.
11. This list is not comprehensive! Again, THINK SAFETY FIRST! Thanks, and have fun!